



THE WOMEN'S VAULT

## Case Study

### The Women's Vault Workshop Series for Company's Global Women's Network

*"The Women's Vault workshops were informative, engaging and really well received by employees. The popularity of the workshops was such that they were highlighted by our chief people officer. The content resonated with the issues our colleagues are facing, and Olivia was an excellent facilitator. She was involved when she needed to be and stepped back to let people talk as much as they needed to."*

*Alana Barry, Senior Manager, Global Campaigns Team and Co-Chair, Women's Network*

**Themes covered:** Personal branding | Productivity Hacks | Presenting with Confidence |

**Background:** N Able is a global software company. The Women's Vault was appointed to develop and lead a series of three virtual workshops for employees for the company's Global Women's Network, with participants at all levels of the organisation and from across UK, Europe, America and Asia. Additionally, one 'deep dive' session on Personal Branding was held with a select group of employees, which focused on their strengths and utilising these at work and elevator pitches.

#### Outcomes shared by participants:

- Improved confidence and communication
- Ability to engage with stakeholders in a more impactful and meaningful way
- A further non-intended outcome has been the creation of a wellbeing committee which occurred through a facilitated discussion in one of the workshops
- Tools to enhance productivity at work
- Useful discussions on organisational changes at work and how to cope with these.



#### Program inclusions:

- Three 60-minute interactive and practical workshops - recorded for the intranet
- A further deep-dive workshop on Personal Branding
- Booklets and worksheets, including reflection prompts, readings and resources to further learning and development



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### Testimonials from across the workshops:

**Noell Ochieng, Technical Designer**

"It's already made a huge difference in the way my stakeholders see me and I feel SO much more confident. Your work is so valuable and I have greatly enjoyed the sessions so far, and very much look forward to the next one."

**Karla Poznikoff, Project Management Head of Creative**

"I admired Olivia's ability to mirror and reframe scenarios of each individual's strengths, stories, pitches, and areas of challenge. We discussed how to position ourselves confidently in a corporate setting. A perk to the conversation led us to network with each other after revealing similar interests."

**Raquel Rooney, Project Manager**

"I really enjoyed the opening dialogue and I felt free to share in such a safe space. It was great to listen to other's personal brand obstacles and journeys. The time went by surprisingly fast and it seemed like we could have chatted for hours:)"

### About The Women's Vault

The Women's Vault exists to be a driving force for gender equality, empowering women to find confidence, overcome imposter syndrome and have fulfilling careers throughout their lives. We do this through corporate workshops and coaching, keynote speeches, inclusion and diversity strategies and toolkits for working mothers. We support women at an organisational and individual level.

### About Olivia Bath

Olivia Bath is a qualified Coach, Executive Advisor and award-winning communications specialist. She specialises in women's confidence, imposter syndrome and leadership training and coaching. Olivia has helped hundreds of women globally, and delivered workshops to companies including Nomura Investment Bank, Simply Business Insurance, Woodside Petroleum and has spoken at the Pregnant Then Screwed Festival of Confidence. Her individual clients work at companies such as NHS, Amazon, PwC, Nuffield Health and leading law firms. She currently provides Executive Advisory to a global pharmaceutical company, alongside coaching and training.

### Contact:

*If you are interested in a similar workshop series, or my support on your Inclusion & Diversity initiatives, please get in touch:*

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